

The NATIONAL HEALTH SERVICE (NHS):

If you have a National Insurance Number (NINO) you will be able to get free and unlimited NHS treatment in the event of illness. Any dependents with you, a spouse and/or children, will also get treatment free of charge. You must register on arrival to use NHS doctors and dentists. This will require proof that you can work in the UK.

In an emergency you will get any treatment you or your dependents need anyway – even if you have no NANO. The British authorities will not let you die! They may send you a bill for treatment later, but if you cannot pay it that may well be the end of the matter.

If you are willing to pay for private treatment if the problem is not urgent, this may speed up the process.

There are many support groups in the UK. One website with links to most of them, whatever the illness, is www.netdoctor.co.uk/support_groups/index.shtml