

NHS DIRECT on 0845 46 47:

This service is available 24 hours, seven days a week. If you are worried about your health or the health of a family member, qualified nurses can give free and confidential advice and information. NHS Direct also has lists of doctors, dentists and hospitals in your area. NHS Direct also uses Language Line, the telephone interpreting service. Ask for your language when the operator answers you. You can also visit www.nhsdirect.nhs.uk (the site has information in several languages).