

## USEFUL ORGANISATIONS:

ORGANISATION	WEBSITE	TELEPHONE	DESCRIPTION
Advisory, Conciliation and Arbitration Service (ACAS)	<a href="http://www.acas.org.uk">www.acas.org.uk</a>	020 7210 3613	The national organisation to solve problems at work.
Age Concern	<a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a>	0800 00 99 66	Helps old people.
Amnesty International	<a href="http://www.amnesty.org.uk">www.amnesty.org.uk</a>	020 7033 1500	Campaigners against torture and detention.
Asylum Support	<a href="http://www.asylumsupport.info">www.asylumsupport.info</a>		Helps refugees, asylum seekers and more.
British Council	<a href="http://www.britishcouncil.org">www.britishcouncil.org</a>	0161 957 7755	Educational and cultural body.
British Red Cross	<a href="http://www.redcross.org.uk">www.redcross.org.uk</a>	0870 170 7000	Refugee and other help.
Child Poverty Action Group	<a href="http://www.cpag.org.uk">www.cpag.org.uk</a>	020 7837 7979	Helps poor families with children.
Citizens Advice Bureaux (CAB)	<a href="http://www.citizensadvice.org.uk">www.citizensadvice.org.uk</a>	See separate list on this disk	All kinds of help, and it's free of charge!
Equality for Human Rights Commission	<a href="http://www.equalityhumanrights.com">www.equalityhumanrights.com</a>	020 7939 0000	Race relations.
Community Action Network – Enterprise & Employment for Refugees	<a href="http://www.can-online.org.uk">www.can-online.org.uk</a>	020 7785 6226	Support for business start-ups.
Community Legal Advice	<a href="http://www.communitylegaladvice.org.uk">www.communitylegaladvice.org.uk</a>	0845 345 4 345	Advice on getting legal help.
COMPAS (Centre for Migration, Policy and Society)	<a href="http://www.compas.ox.ac.uk">www.compas.ox.ac.uk</a>	01865 274 711	Specialists in migration information.
Connexions	<a href="http://www.connexions.gov.uk">www.connexions.gov.uk</a>		Helps teenagers aged 13 to 19.

Council for Assisting Refugee Academics (CARA)	<a href="http://www.academic-refugees.org">www.academic-refugees.org</a>	020 7021 088	Helps refugees with academic backgrounds.
Council for Ethnic Minority Voluntary Organisations (CEMVO)	<a href="http://www.CEMVO.org.uk">www.CEMVO.org.uk</a>	020 8432 0410	Networking organisation for ethnic voluntary sector organisations.
UK Council for International Student Affairs (UKCISA)	<a href="http://www.ukcisa.org.uk">www.ukcisa.org.uk</a>	020 7107 9922	Advice and information on studying in the UK.
Department for Communities and Local Government (DCLG)	<a href="http://www.communities.gov.uk">www.communities.gov.uk</a>	020 7944 4400	Government body responsible for communities, race, faith and equality.
Department for Business Innovation and Skills	<a href="http://www.bis.gov.uk">www.bis.gov.uk</a>	020 7215 5000	Employment relations for foreign workers but much more.
Department for Education	<a href="http://www.education.gov.uk">www.education.gov.uk</a>	0870 000 2288	Government department.
Education Action International	<a href="http://www.education-action.org">www.education-action.org</a>	0800 389 6843	Helps foreign children and adults who need educating.
Education Graduation Advice Site	<a href="http://www.egas-online.org.uk">www.egas-online.org.uk</a>		Helps graduates.
Employability Forum	<a href="http://www.employabilityforum.co.uk">www.employabilityforum.co.uk</a>	020 7785 6270	Promotes the use of refugees and other migrant workers.
Employment Agency Standards Inspectorate (EASI)	<a href="http://www.bis.gov.uk/policies/business-law/criminal-investigations/how-to-make-a-complaint">www.bis.gov.uk/policies/business-law/criminal-investigations/how-to-make-a-complaint</a>	0845 955 5105	Run by the Department for Business Innovation and Skills, this lets you report any agency that is treating you badly.
Employment Tribunal Service (ETS)	<a href="http://www.employmenttribunals.gov.uk">www.employmenttribunals.gov.uk</a>	0845 795 9775	Settles employment disputes.
EntitledTo	<a href="http://www.entitledto.co.uk">www.entitledto.co.uk</a>		Web-based calculators to work out entitlements to benefits and tax credits.

ICAR (Information Centre about Asylum and Refugees in the UK)	<a href="http://www.icar.org.uk">www.icar.org.uk</a>	020 7040 4596	Increasing knowledge and understanding of asylum issues.
Immigration Advisory Service (IAS)	<a href="http://www.iasuk.org">www.iasuk.org</a>	020 7378 9191	Free individual advice and assistance.
Immigration and Nationality Directorate (IND)	<a href="http://www.ind.homeoffice.gov.uk">www.ind.homeoffice.gov.uk</a>	0845 600 0184	Asylum support.
International Organisation for Migration	<a href="http://www.iomlondon.org">www.iomlondon.org</a>	0800 783 2332	Migration-related advice on all sorts of issues including health.
Institute for Public Policy Research (IPPR)	<a href="http://www.ippr.org.uk">www.ippr.org.uk</a>	020 7470 6100	Think-tank on migration, asylum, equality and citizenship issues.
JobCentre Plus	<a href="http://www.jobcentreplus.gov.uk">www.jobcentreplus.gov.uk</a>	0845 6060 234	The government system for job-hunting and benefit claims.
Joint Council for the Welfare of Immigrants (JCWI)	<a href="http://www.jcwi.org.uk">www.jcwi.org.uk</a>	020 7251 8708	Free advice, course, publications etc.
Language Line	<a href="http://www.language-line.co.uk">www.language-line.co.uk</a>	0800 169 2879	24-hour interpreting and translating service in 100 languages.
Language and Learning Literacy Unit	<a href="http://www.lsbu.ac.uk/lluplus/">www.lsbu.ac.uk/lluplus/</a>	020 7815 6290	Linked to the South Bank University, it runs many courses including English for Speakers of Other Languages and Refugee Awareness.
LearnDirect	<a href="http://www.learndirect.co.uk">www.learndirect.co.uk</a>		National network of centres and online courses.
Learning and Skills Council (LSC)	<a href="http://www.lsc.gov.uk">www.lsc.gov.uk</a>	0845 019 4170	Funds and plans training for students over 16 years old.

Medical foundation for the Care of Victims of Torture	<a href="http://www.torturecare.org.uk">www.torturecare.org.uk</a>	020 7697 7777	Advises on working with victims of torture and organised violence.
Migrant and Refugees Community Forum (MRCF)	<a href="http://www.mrcf.org.uk">www.mrcf.org.uk</a>	020 8964 4815	Assists any incoming health professionals with training, qualifications and registration.
Migrant Helpline	<a href="http://www.migranthelpline.org.uk">www.migranthelpline.org.uk</a>	01304 203 977	Assists asylum seekers and refugees.
Migrants Qualifications Project	<a href="http://www.lda.gov.uk/server/show/conWebDoc.499">www.lda.gov.uk/server/show/conWebDoc.499</a>	020 7954 4500	Scheme to employ migrants.
Migrants Resource Centre	<a href="http://www.migrantsresourcecentre.org.uk">www.migrantsresourcecentre.org.uk</a>	020 7834 2505	Multilingual advice for migrants and refugees.
Multikulti	<a href="http://www.multikulti.org.uk">www.multikulti.org.uk</a>		Multilingual website advising on welfare law, debt, employment, health, housing, immigration and benefits.
National Institute of Adult Continuing Education (NIACE)	<a href="http://www.niace.org.uk">www.niace.org.uk</a>	0116 204 4200	Advice for refugees and asylum seekers regarding learning.
National Institute for Careers Education and Counselling (NICEC)	<a href="http://www.crac.org.uk">www.crac.org.uk</a>	01223 460 277	Educational guidance for institutions.
National Academic Recognition Information centre (NARIC)	<a href="http://www.naric.org.uk">www.naric.org.uk</a>	0870 990 4088	Compares international qualifications.
Office for Disability Issues	<a href="http://www.officefordisability.gov.uk">www.officefordisability.gov.uk</a>	0845 604 6610	Helps disabled people.
Positive Action in Housing	<a href="http://www.paih.org">www.paih.org</a>	0141 353 2220	Affordable housing charity. Scottish-based.
PRAXIS	<a href="http://www.praxis.org.uk">www.praxis.org.uk</a>	020 7729 7985	Information and assistance to secure education including for health professionals and linguists.

Prince's Trust	<a href="http://www.princes-trust.org.uk">www.princes-trust.org.uk</a>	0800 842 842	A range of assistance for young people aged 18 – 30.
Recruitment and Employment Confederation (REC)	<a href="http://www.rec.uk.com">www.rec.uk.com</a>	020 7009 2100	A members club for employers. Might help but not if it reflects badly on members.
Refugee Action	<a href="http://www.refugee-action.org.uk">www.refugee-action.org.uk</a>	020 7654 7700	National assistance for refugees.
Refugee Assessment and Guidance Unit (RAGU)	<a href="http://www.londonmet.ac.uk/ragu">www.londonmet.ac.uk/ragu</a>	020 7423 0000	Unit helping refugees and asylum seekers to improve their employment prospects.
Refugee Council	<a href="http://www.refugeecouncil.org.uk">www.refugeecouncil.org.uk</a>	020 7346 6700	The biggest UK organisation to help refugees and asylum seekers. Has its own Learning and Integration Unit.
Refugees Arrivals Project (RAP)	<a href="http://www.redbridge.gov.uk/cms/a_to_z_of_services/r/refugee_arrival_project.aspx">www.redbridge.gov.uk/cms/a_to_z_of_services/r/refugee_arrival_project.aspx</a>	020 8759 5740	Assists at South East UK airports and can also provide emergency accommodation.

Resource Information Service	<a href="http://homeless.org.uk/info-services">http://homeless.org.uk/info-services</a>	020 7939 0641	Links to websites, directories and information systems.
Refugee Education and Training Advisory Service (RETAS)	<a href="http://www.retasleeds.org.uk/contactus.php">www.retasleeds.org.uk/contactus.php</a>	0113 380 5630	A Northern organisation that supports the social and economic development of refugees.
Refugee Net	<a href="http://www.refugeenet.org">www.refugeenet.org</a>		Spanish website for the EU Network on reception, integration and voluntary repatriation of refugees.
Refugees Online	<a href="http://www.refugees-online.org.uk">www.refugees-online.org.uk</a>		Free training for online writing.
Refugee Resource	<a href="http://www.refugeeresource.org">www.refugeeresource.org</a>	0845 458 0055	Work placement and recruitment programme for refugees.
Refugee Support Centre		020 7820 3606	Counselling and psychotherapy for refugees and asylum seekers.
Refugee Women's Association	<a href="http://www.refugeewomen.org">www.refugeewomen.org</a>	020 7923 2412	Mentoring scheme.
Roma Support Group	<a href="http://www.romasupportgroup.org.uk">www.romasupportgroup.org.uk</a>	020 7511 0822	Services for Roma refugees and migrants.
The Ruth Hayman Trust	<a href="http://www.ruthhaymantrust.com">www.ruthhaymantrust.com</a>		Grants to learn English.
SOVA (Supporting Others Through Volunteer Action)	<a href="http://www.sova.org.uk">www.sova.org.uk</a>	020 7793 0404	Volunteer mentoring and works with the Criminal Justice System

STAR (Student Action for Refugees)	<a href="http://www.star-network.org.uk">www.star-network.org.uk</a>		A network of university groups and others to raise awareness.
Time Together	<a href="http://timebank.org.uk/">http://timebank.org.uk/</a>	020 7401 5420	Matches refugees with mentors.
Trades Union Congress (TUC)	<a href="http://www.tuc.org.uk">www.tuc.org.uk</a>	020 7636 4030	Representative body for unions in the UK.
UK Advice Finder	<a href="http://www.advicefinder.org.uk">www.advicefinder.org.uk</a>		Accurate information on a range of organisations.
UK Parliament	<a href="http://www.parliament.uk">www.parliament.uk</a>		The government website.
UK Council for International Student Affairs (UKCISA)	<a href="http://www.ukcisa.org.uk">www.ukcisa.org.uk</a>	020 7107 9922	Advice and information on studying in the UK.
Umbrella Bodies Forum	<a href="http://www.ncvo-vol.org.uk">www.ncvo-vol.org.uk</a>		A searchable information database.
United Nations High Commissioner for Refugees – UK (UNHCR)	<a href="http://www.unhcr.org.uk">www.unhcr.org.uk</a>	020 7828 9191	Worldwide support for refugees.
UNHCR	<a href="http://www.unhcr.org.uk">www.unhcr.org.uk</a>	020 7759 8090	The UN Refugee Agency
Volunteering (England)	<a href="http://www.volunteering.org.uk">www.volunteering.org.uk</a>	020 7520 8900	All things voluntary!
Working Lives Research Institute (WLI)	<a href="http://www.workinglives.org">www.workinglives.org</a>	020 7320 3042	Researches working lives.
World Refugee	<a href="http://refugeesforum.com">http://refugeesforum.com</a>		Up-to-date world news.