

USEFUL ORGANISATIONS:

ORGANISATION	WEBSITE	TELEPHONE	DESCRIPTION
Advisory, Conciliation and Arbitration Service (ACAS)	www.acas.org.uk	020 7210 3613	The national organisation to solve problems at work.
Age Concern	www.ageuk.org.uk	0800 00 99 66	Helps old people.
Amnesty International	www.amnesty.org.uk	020 7033 1500	Campaigners against torture and detention.
Asylum Support	www.asylumsupport.info		Helps refugees, asylum seekers and more.
British Council	www.britishcouncil.org	0161 957 7755	Educational and cultural body.
British Red Cross	www.redcross.org.uk	0870 170 7000	Refugee and other help.
Child Poverty Action Group	www.cpag.org.uk	020 7837 7979	Helps poor families with children.
Citizens Advice Bureaux (CAB)	www.citizensadvice.org.uk	See separate list on this disk	All kinds of help, and it's free of charge!
Equality for Human Rights Commission	www.equalityhumanrights.com	020 7939 0000	Race relations.
Community Action Network – Enterprise & Employment for Refugees	www.can-online.org.uk	020 7785 6226	Support for business start-ups.
Community Legal Advice	www.communitylegaladvice.org.uk	0845 345 4 345	Advice on getting legal help.
COMPAS (Centre for Migration, Policy and Society)	www.compas.ox.ac.uk	01865 274 711	Specialists in migration information.
Connexions	www.connexions.gov.uk		Helps teenagers aged 13 to 19.

Council for Assisting Refugee Academics (CARA)	www.academic-refugees.org	020 7021 088	Helps refugees with academic backgrounds.
Council for Ethnic Minority Voluntary Organisations (CEMVO)	www.CEMVO.org.uk	020 8432 0410	Networking organisation for ethnic voluntary sector organisations.
UK Council for International Student Affairs (UKCISA)	www.ukcisa.org.uk	020 7107 9922	Advice and information on studying in the UK.
Department for Communities and Local Government (DCLG)	www.communities.gov.uk	020 7944 4400	Government body responsible for communities, race, faith and equality.
Department for Business Innovation and Skills	www.bis.gov.uk	020 7215 5000	Employment relations for foreign workers but much more.
Department for Education	www.education.gov.uk	0870 000 2288	Government department.
Education Action International	www.education-action.org	0800 389 6843	Helps foreign children and adults who need educating.
Education Graduation Advice Site	www.egas-online.org.uk		Helps graduates.
Employability Forum	www.employabilityforum.co.uk	020 7785 6270	Promotes the use of refugees and other migrant workers.
Employment Agency Standards Inspectorate (EASI)	www.bis.gov.uk/policies/business-law/criminal-investigations/how-to-make-a-complaint	0845 955 5105	Run by the Department for Business Innovation and Skills, this lets you report any agency that is treating you badly.
Employment Tribunal Service (ETS)	www.employmenttribunals.gov.uk	0845 795 9775	Settles employment disputes.
EntitledTo	www.entitledto.co.uk		Web-based calculators to work out entitlements to benefits and tax credits.

ICAR (Information Centre about Asylum and Refugees in the UK)	www.icar.org.uk	020 7040 4596	Increasing knowledge and understanding of asylum issues.
Immigration Advisory Service (IAS)	www.iasuk.org	020 7378 9191	Free individual advice and assistance.
Immigration and Nationality Directorate (IND)	www.ind.homeoffice.gov.uk	0845 600 0184	Asylum support.
International Organisation for Migration	www.iomlondon.org	0800 783 2332	Migration-related advice on all sorts of issues including health.
Institute for Public Policy Research (IPPR)	www.ippr.org.uk	020 7470 6100	Think-tank on migration, asylum, equality and citizenship issues.
JobCentre Plus	www.jobcentreplus.gov.uk	0845 6060 234	The government system for job-hunting and benefit claims.
Joint Council for the Welfare of Immigrants (JCWI)	www.jcwi.org.uk	020 7251 8708	Free advice, course, publications etc.
Language Line	www.languageline.co.uk	0800 169 2879	24-hour interpreting and translating service in 100 languages.
Language and Learning Literacy Unit	www.lsbu.ac.uk/lluplus/	020 7815 6290	Linked to the South Bank University, it runs many courses including English for Speakers of Other Languages and Refugee Awareness.
LearnDirect	www.learnirect.co.uk		National network of centres and online courses.
Learning and Skills Council (LSC)	www.lsc.gov.uk	0845 019 4170	Funds and plans training for students over 16 years old.

Medical foundation for the Care of Victims of Torture	www.torturecare.org.uk	020 7697 7777	Advises on working with victims of torture and organised violence.
Migrant and Refugees Community Forum (MRCF)	www.mrcf.org.uk	020 8964 4815	Assists any incoming health professionals with training, qualifications and registration.
Migrant Helpline	www.migranthepline.org.uk	01304 203 977	Assists asylum seekers and refugees.
Migrants Qualifications Project	www.lda.gov.uk/server/show/conWebDoc.499	020 7954 4500	Scheme to employ migrants.
Migrants Resource Centre	www.migrantsresourcecentre.org.uk	020 7834 2505	Multilingual advice for migrants and refugees.
Multikulti	www.multikulti.org.uk		Multilingual website advising on welfare law, debt, employment, health, housing, immigration and benefits.
National Institute of Adult Continuing Education (NIACE)	www.niace.org.uk	0116 204 4200	Advice for refugees and asylum seekers regarding learning.
National Institute for Careers Education and Counselling (NICEC)	www.crac.org.uk	01223 460 277	Educational guidance for institutions.
National Academic Recognition Information centre (NARIC)	www.naric.org.uk	0870 990 4088	Compares international qualifications.
Office for Disability Issues	www.officefordisability.gov.uk	0845 604 6610	Helps disabled people.
Positive Action in Housing	www.paih.org	0141 353 2220	Affordable housing charity. Scottish-based.
PRAXIS	www.praxis.org.uk	020 7729 7985	Information and assistance to secure education including for health professionals and linguists.

Prince's Trust	www.princes-trust.org.uk	0800 842 842	A range of assistance for young people aged 18 – 30.
Recruitment and Employment Confederation (REC)	www.rec.uk.com	020 7009 2100	A members club for employers. Might help but not if it reflects badly on members.
Refugee Action	www.refugee-action.org.uk	020 7654 7700	National assistance for refugees.
Refugee Assessment and Guidance Unit (RAGU)	www.londonmet.ac.uk/ragu	020 7423 0000	Unit helping refugees and asylum seekers to improve their employment prospects.
Refugee Council	www.refugeecouncil.org.uk	020 7346 6700	The biggest UK organisation to help refugees and asylum seekers. Has its own Learning and Integration Unit.
Refugees Arrivals Project (RAP)	www.redbridge.gov.uk/cms/a_to_z_of_services/r/refugee_arrival_project.aspx	020 8759 5740	Assists at South East UK airports and can also provide emergency accommodation.

Resource Information Service	http://homeless.org.uk/info-services	020 7939 0641	Links to websites, directories and information systems.
Refugee Education and Training Advisory Service (RETAS)	www.retasleeds.org.uk/contactus.php	0113 380 5630	A Northern organisation that supports the social and economic development of refugees.
Refugee Net	www.refugeenet.org		Spanish website for the EU Network on reception, integration and voluntary repatriation of refugees.
Refugees Online	www.refugees-online.org.uk		Free training for online writing.
Refugee Resource	www.refugeeresource.org	0845 458 0055	Work placement and recruitment programme for refugees.
Refugee Support Centre		020 7820 3606	Counselling and psychotherapy for refugees and asylum seekers.
Refugee Women's Association	www.refugeewomen.org	020 7923 2412	Mentoring scheme.
Roma Support Group	www.romasupportgroup.org.uk	020 7511 0822	Services for Roma refugees and migrants.
The Ruth Hayman Trust	www.ruthhaymantrust.com		Grants to learn English.
SOVA (Supporting Others Through Volunteer Action)	www.sova.org.uk	020 7793 0404	Volunteer mentoring and works with the Criminal Justice System

STAR (Student Action for Refugees)	www.star-network.org.uk		A network of university groups and others to raise awareness.
Time Together	http://timebank.org.uk/	020 7401 5420	Matches refugees with mentors.
Trades Union Congress (TUC)	www.tuc.org.uk	020 7636 4030	Representative body for unions in the UK.
UK Advice Finder	www.advicefinder.org.uk		Accurate information on a range of organisations.
UK Parliament	www.parliament.uk		The government website.
UK Council for International Student Affairs (UKCISA)	www.ukcisa.org.uk	020 7107 9922	Advice and information on studying in the UK.
Umbrella Bodies Forum	www.ncvo-vol.org.uk		A searchable information database.
United Nations High Commissioner for Refugees – UK (UNHCR)	www.unhcr.org.uk	020 7828 9191	Worldwide support for refugees.
UNHCR	www.unhcr.org.uk	020 7759 8090	The UN Refugee Agency
Volunteering (England)	www.volunteering.org.uk	020 7520 8900	All things voluntary!
Working Lives Research Institute (WLI)	www.workinglives.org	020 7320 3042	Researches working lives.
World Refugee	http://refugeesforum.com		Up-to-date world news.